

## HEALTHCAMP AT SHRI SANATAN DHARAM SARYODYA MANDIR WITH DR. RASHMI CHANDWANI



According to a survey in 2021, 71 percent of Indians were concerned about aches and pain in their head and body. Similarly, 69 percent were concerned about high blood pressure and 67 percent about diabetes.

On the auspicious occasion of **Maha Shivratri**, We therefore organised a Health Camp at Shri Sanatan Dharam Saryodya Mandir, Pratap Nagar which includes CBC Screening, Blood Sugar, Blood Pressure, Dental Check-up along with Free Consultation in collaboration with Dr. Rashmi Chandwani. More than 80 people got benefited from the camp.

Over the past decades, India's health outcome indicators have shown slow but consistent improvement; much of these achievements were met despite inadequacies in both policy attention and funding. When the National Health Policy 2017 set a target of reaching 2.5 percent of GDP worth of government

expenditure in health by 2025, most analysts were of the view that it was highly ambitious. India indeed appeared to be far from able to achieve such target. However, the global COVID-19 pandemic in 2020 forced the Government of India to spend way beyond its own 2025 target, and in many ways, above its means.



India is a health policy, not a health service. The need-based services have primarily catered to the urban population, which houses 32% of the national population. The doctor population ratio stands at 1:1,700, less than the WHO prescribed 1:1,000, Reluctance by doctors to serve rural areas emerges from the feeling of professional isolation and disparity in living conditions.

Around **10.5 percent of the global adult population suffered from diabetes in 2021** - by the year 2045 this number is expected to rise to over 12 percent. Diabetes, or diabetes mellitus, refers to a group of metabolic disorders that result in chronic high blood sugar levels.

As per the results of a large scale survey conducted across India in 2020, about 17 percent of the respondents suffered from cavities and decay. Cavities, decay and bad breath seemed to be the major concerns about oral health of the people in the country. **Dental caries** is a chronic disease displaying drastic variations in its prevalence across multiple factors and the obscurity of data on the same hinders the attainment of dental caries prevalence reduction goals set by WHO. According to the India Dental Association in India, **98%** of people have dental problems and **60%** of parents are unaware of their children's

dental issues. And all this while the penetration of dental services is only **2%**. The reason behind India's population suffering from dental complications stems from the ignorance of the significance of preventive oral care and timely treatment of smaller dental issues.

Free medical camps are set up with a sacred aim to bring awareness amongst the deprived population of the country who have no access to basic healthcare services or knowledge about the diseases they are suffering from. So, Transparent Hands provide the importance and objectives of the medical camp free medical advice, medicine to the unfortunate people and refer them for specialized treatment or surgery whenever it is required. These camps make sure people are getting the healthcare at the right time, and seeing the doctor early enough before a small health problem turns serious.



The main objective of a medical camp is to **provide initial care to people in life-threatening conditions which reflect the unique strengths and goals of medical ethics**. Other objectives are as stated below: -Provide free and high-quality medical services and full body complete medical check-up for the people of the society.

The vision of making people safe & healthy have let our foundation to organise the Health and awareness camps.