

Anemia Mukh Bharat Abhiyan:



According to the 5th National Family Health Survey (NFHS-5) data, released by the Ministry of Health and Family Welfare, India has the highest total prevalence of anaemia at 39.86 per cent in the world. NFHS-5 data also suggested that more than half of the children and women are anaemic in 13 of the 22 States/UTs in the country. Anemia is the condition of having a lower-than-normal number of red blood cells or quantity of hemoglobin. It can make one feel tired, cold, dizzy, irritable and short of breath, among other symptoms.

“Test is the best option for the prevention of anemia. First, screening, prevention and then treatment. Screening should be qualitative because it ensures the actual status.

Committed towards supporting this campaign of Government, Star Wellness and Care Foundation has organized camp under the Anemia Free Delhi campaign, Bharat Vikas Parishad, Delhi Province West, in association with Sainath Trust on October 10th at Kamal Public School, Vikasपुरी.



Anemia screening tests and complete blood count tests, Rapid test for Iron Deficiency were conducted to around 141 beneficiaries belonging to economically weaker sections.

Our finding were, majority of females are anemic. The reason being, due to lack of Iron and Folic Acid in diet. Most of them were under nourished. Heavy periods, blood disorders during menstruation, the young girls are more prone to Anemia.



Iron tablets, jaggery and gram were distributed among the beneficiaries. Shri. Suresh Jain, National Organization Minister, Bharat Vikas Parishad and Senior Sangh Pracharak were chief guests of the camp. Dr. R.K Tandon, President of West Province and chairman of Trinity Group of Educational Institute supported us in this campaign.